

2023 January

OSSEO AREA SCHOOLS

Middle School Lunch

ISD 279

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Winter Break	Chicken Sandwich (Regular or Spicy)	Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties	Pizza (Turkey Pepperoni or Cheese)	Mac and Cheese Garlic Toast
	International Orange Chicken with White Rice Chicken Pot Sticker	International Chicken Taco in a Bag	International Caesar Salad	International General Tso Chicken Lo Mein Noodles
	Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetable	Potato Patties Fresh Fruit Assorted Fresh Vegetables	Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables	Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables
9	10	11	12	13
Chicken Tender (Regular or Spicy) Garlic Breadstick	Breaded Chicken Drumstick Mashed Potatoes Chicken Gravy Dinner Roll	Mini Chicken Corndogs Chips	Chicken Wing Day Salted Pretzel with Cheese Sauce	Remote Learning Day
International	International	International	International	
Rotini and Beef Meat Sauce Garlic Breadstick Parmesan Spinach Alfredo with Tortilla Chips Fresh Fruit Assorted Fresh Vegetables	Italian Dunker with Marinara Sauce Caesar Salad Savory Green Beans with Onions Fresh Fruit Assorted Fresh Vegetables	Baja Beef Burrito Bowl with Flour Tortilla Cilantro Lime Rice Buttered Corn Fresh Fruit Assorted Fresh Vegetable Southwest Beans	Cheeseburger Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetable	
16	17	18	19	20
No School	Grilled Cheese Tomato Soup	Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties Potato Patties	Pizza (Buffalo Chicken or Cheese Pizza) Caesar Salad	Buffalo Mac and Cheese with Nashville Hot Chicken Garlic Toast
	International Penne Grilled Chicken Alfredo Garlic Toast Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	International Chicken Sandwich (Regular or Spicy) Oven Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables	International Beef Walking Tacos Buttered Corn Fresh Fruit Assorted Fresh Vegetables Black Bean Salad	International Teriyaki Chicken Lo Mein Noodles Creamy Coleslaw Fresh Fruit Assorted Fresh Vegetables Fresh Baked Cookie
23	24	25	26	27
Chicken Wing Day Salted Pretzel with Cheese Sauce	Cheeseburger	Chicken Bites Mashed Potatoes and Chicken Gravy Dinner Roll	Cheesy Beef Totchos Fritos	Mini Chicken Corndogs Chips
International	International	International	International	International
Rotini and Beef Meatball Marinara Garlic Breadstick Parmesan Spinach Alfredo with Tortilla Chips Fresh Fruit Assorted Fresh Vegetables	KC Mesquite BBQ Chicken Drumstick Cornbread Fritos Sweet Potato Fries Fresh Fruit Assorted Fresh Vegetables Baked Beans	Italian Dunker with Marinara Sauce Caesar Salad Mashed Potatoes and Chicken Gravy Fresh Fruit Assorted Fresh Vegetables	Spicy Szechuan Chicken Fried Rice Chicken Potstickers Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables	Hearty Beef Lasagna Garlic Toast Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables
30	31			
All Beef Hotdog Fritos Baked Beans	Chicken Sandwich (Regular or Spicy)			
International	International			
Poppin' Flavored Popcorn Chicken Day Southern Style OR Nashville Hot Fritos Garlic California Vegetables Fresh Fruit Assorted Fresh Vegetables Baked Beans	Orange Chicken with White Rice Chicken Pot Sticker Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetable			
Offered Daily				
Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad	Manager Choice Grab and Go Sandwich	Manager Choice Grab and Go Salad

IN SCHOOL OFFERED DAILY:

Manager Choice of: Yogurt Parfait, or Peanut Butter/Sun Butter and Jelly sandwich

This institution is an equal opportunity provider.