| 2023 March |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Middle School Lunch |  |  |  |  |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|  |  | 1 | 2 | 3 |
|  |  | Brunch For Lunch <br> French Toast <br> Flavored Muffin <br> Chicken Sausage Patties | Pizza <br> (Turkey Pepperoni or Cheese) <br> Caesar Salad | Buffalo Mac and Cheese with Nashville Hot <br> Chicken <br> Garlic Toast |
|  |  | International | International | International |
|  |  | Chicken Taco in a Bag | Penne Grilled Chicken Alfredo Breadstick | General Tso Chicken Lo Mein Noodles |
|  |  | ```Potato Patties Fresh Fruit Assorted Fresh Vegetables``` | $\begin{aligned} & \text { Steamed Seasoned Broccoli } \\ & \text { Fresh Fruit } \\ & \text { Assorted Fresh Vegetables } \end{aligned}$ | Ginger Stir-Fry Vegetables <br> Fresh Fruit <br> Assorted Fresh Vegetables |
| 6 | 7 | 8 | 9 | 10 |
| Chicken Tender (Regular or Spicy) Garlic Breadstick | Breaded Chicken Drumstick <br> Mashed Potatoes <br> Chicken Gravy <br> Dinner Roll | Mini Chicken Corndogs Chips | Chicken Wing Day <br> Salted Pretzel with Cheese Sauce | No School |
| International | International | International | International |  |
| Rotini and Beef Meat Sauce <br> Garlic Breadstick <br> Parmesan Spinach Alfredo with Tortilla Chips <br> Fresh Fruit Assorted Fresh Vegetables | Italian Dunker with Marinara Sauce <br> Caesar Salad <br> Savory Green Beans with Onions <br> Fresh Fruit <br> Assorted Fresh Vegetables | Baja Beef Burrito Bowl with Flour Tortilla <br> Cilantro Lime Rice <br> Buttered Corn <br> Fresh Fruit <br> Assorted Fresh Vegetable Southwest Beans | Cheeseburger <br> Oven Roasted Brussel Sprouts <br> Fresh Fruit Assorted Fresh Vegetable |  |
| 13 | 14 | 15 | 16 | 17 |
| Poppin' Flavored Popcorn Chicken Day <br> Southern Style OR Nashville Hot Fritos | Grilled Cheese Tomato Soup | Brunch For Lunch <br> French Toast <br> Flavored Muffin <br> Chicken Sausage Patties Potato Patties | Pizza <br> (Buffalo Chicken or Cheese Pizza) <br> Caesar Salad | Buffalo Mac and Cheese with Nashville Hot <br> Chicken <br> Garlic Toast |
| International | International | International | International | International |
| Thai Sweet Chili Chicken with White Rice Chicken Pot Sticker Buffalo Cauliflower Fresh Fruit Assorted Fresh Vegetables | Penne Grilled Chicken Alfredo <br> Garlic Toast <br> Honey Roasted Carrots Fresh Fruit <br> Assorted Fresh Vegetables | Chicken Sandwich (Regular or Spicy) Oven Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables | Beef Walking Tacos Buttered Corn Fresh Fruit Assorted Fresh Vegetables Black Bean Salad | Teriyaki Chicken Lo Mein Noodles Creamy Coleslaw Fresh Fruit Assorted Fresh Vegetables Fresh Baked Cookie |
| 20 | 21 | 22 | 23 | 24 |
| Chicken Wing Day Salted Pretzel with Cheese Sauce | Cheeseburger | Chicken Bites Mashed Potatoes and Chicken Gravy Dinner Roll | Cheesy Beef Totchos Fritos | Mini Chicken Corndogs Chips |
| International | International | International | International | International |
| Rotini and Beef Meatball Marinara Garlic Breadstick <br> Parmesan Spinach Alfredo with Tortilla Chips <br> Fresh Fruit Assorted Fresh Vegetables | KC Mesquite BBQ Chicken Drumstick <br> Cornbread <br> Fritos <br> Sweet Potato Fries <br> Fresh Fruit <br> Assorted Fresh Vegetables Baked Beans | Italian Dunker with Marinara Sauce Caesar Salad <br> Mashed Potatoes and Chicken Gravy <br> Fresh Fruit <br> Assorted Fresh Vegetables | Spicy Szechuan Chicken Fried Rice Chicken Potstickers Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables | Hearty Beef Lasagna Garlic Toast <br> Savory Green Beans and Onions <br> Fresh Fruit Assorted Fresh Vegetables |
| 27 | 28 | 29 | 30 | 31 |
| No School | No School | No School | No School | No School |
| Offered Daily |  |  |  |  |
| Manager Choice Grab and Go Salad | Manager Choice Grab and Go Sandwich | Manager Choice Grab and Go Salad | Manager Choice Grab and Go Sandwich | Manager Choice Grab and Go Salad |

## IN SCHOOL OFFERED DAILY:

Manager Choice of: Yogurt Parfait, or Peanut Butter/Sun Butter and Jelly sandwich
This institution is an equal opportunity provider.

