

2023 January

OSSEO AREA SCHOOLS

OEC and OALC High School Lunch Menu

ISD 279

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Winter Break	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine Buffalo Mac with Nashville Hot Chicken Sidewinder Fries Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Cheeseburger Mashed Potatoes and Chicken Gravy International Cuisine Chicken Tenders (Regular and Spicy) Mashed Potatoes and Chicken Gravy Dinner Roll Fresh Fruit Assorted Fresh Vegetables	Breaded Chicken Sandwich (Spicy or Regular) Hashbrown Patties International Cuisine Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties Hashbrown Patties Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Cheeseburger Chips International Cuisine Orange Chicken with White Rice Chicken Potsticker Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables
9	10	11	12	13
Cheeseburger Curly Fries International Cuisine Pizza (Buffalo Chicken or Cheese) Caesar Salad Parmesan Spinach Alfredo Tortilla Chips Fresh Fruit Assorted Fresh Vegetables	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine Beef Meatball Hoagie Sidewinder Fries Oven Roasted Curry Cauliflower Fresh Fruit Assorted Fresh Vegetables	Cheeseburger Curly Fries International Cuisine Penne Grilled Chicken Alfredo Breadstick Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine General Tso Chicken Lo Mein Noodles Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Remote Learning Day
16	17	18	19	20
No School	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine Italian Dunker with Marinara Sauce Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables	Cheeseburger Mashed Potatoes and Chicken Gravy International Cuisine Breaded Chicken Drumstick Mashed Potatoes and Chicken Gravy Dinner Roll Buttered Corn Fresh Fruit Assorted Fresh Vegetables	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine Cheesy Beef Totchos Southwestern Rice Fritos Corn Chips Oven Roasted Sweet Potatoes Fresh Fruit Assorted Fresh Vegetables	Cheeseburger Sun Chips International Cuisine Poppin' Flavored Popcorn Chicken Day (Southern Style OR Nashville Hot) BBQ Baked Beans Sun Chips Oven Roasted Broccoli Fresh Fruit Assorted Fresh Vegetables Fresh Baked Cookie
23	24	25	26	27
Cheeseburger Curly Fries International Cuisine Pizza (Turkey Pepperoni or Cheese) Caesar Salad Honey Roasted Carrots Fresh Fruit Assorted Fresh Vegetables	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine Beef Taco in a Bag Soy Glazed Cauliflower Fresh Fruit Assorted Fresh Vegetables	Cheeseburger Mashed Potatoes and Chicken Gravy International Cuisine Chicken Bites Mashed Potatoes and Chicken Gravy Dinner Roll BBQ Baked Beans Fresh Fruit Assorted Fresh Vegetables	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine Chicken Wing Day Pretzel and Cheese Sauce Steamed Seasoned Broccoli Fresh Fruit Assorted Fresh Vegetables	Cheeseburger Chips International Cuisine Spicy Szechuan Chicken Lo Mein Noodles Oven Roasted Brussel Sprouts Fresh Fruit Assorted Fresh Vegetables
30	31			
Cheeseburger Curly Fries International Cuisine KC Mesquite BBQ Chicken Drumstick Cornbread BBQ Baked Beans Savory Green Beans and Onions Fresh Fruit Assorted Fresh Vegetables	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine Buffalo Mac with Nashville Hot Chicken Sidewinder Fries Buttered Corn Fresh Fruit Assorted Fresh Vegetables			
Offered Daily				
Protein Pack	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie

IN SCHOOL OFFERED DAILY:

Manager Choice of: Peanut Butter or Sun Butter and Jelly sandwich

This institution is an equal opportunity provider.